

Aeolian Islands 2009

Cookielicious summer 2009

Welcome to the quiet, tranquil, hugely geographic area of the Aeolian Islands just to the NE of mainland Sicily. On this itinerary you will sample the delights of Sicilian food on the Island of Panarea, the summer buzz on the island of Lipari, you can explore the sulphur springs on the island of Vulcano and watch the spectacle of a volcanic eruption on the island of Stromboli. An undeveloped area and a real taste of quiet Sicilian life this itinerary would be perfect for those who wish to escape the summer crowds and see some real wonders of nature.

Day one: You will arrive into the Sicilian mainland town of Milazzo where Cookielicious will be docked awaiting your arrival. There are possibilities to arrive into Lipari the main Aeolian Island via ferry from Naples or via helicopter please speak to your skipper Tim about this.

Day Two: Today we will head out to the islands under sail seeing the splendor as they emerge out of the haze the closer we get. We will drop anchor on the southern side of Vulcano for a swim and some lunch, before sailing north up the island and anchoring in the delightful anchorage of Porto di Levante. Here there will be opportunities to head ashore to explore the extinct and active craters of the lunar landscape.

Day Three: Lipari is our destination today. The liveliest of all the Aeolian Islands it has a beautiful ancient castle and town to explore. Our anchorage tonight is under the castle, a magical spot and if you are lucky there maybe some summer fireworks.

Day Four: Today we head to the delightful island of Panarea, where a fantastic water sports anchorage awaits and a stunning village will need exploring. With some of the most fantastic local Sicilian restaurants located here a visit would not be complete with a lunch or dinner ashore.

Day Five: Taking in an active volcano today our sail sees us ending at the island of Stromboli. Our sail takes in the NW slope of the conical volcano where lava flows directly into the Mediterranean sea before anchoring off the tiny hamlets of S Bartolomeo & S Vincenzo. After dinner at night we will use the tender to go around to the NW slope again to watch the "lighthouse of the Mediterranean" light up the night sky.

Day Six: Today sees us heading back to Milazzo, cruising down through the Islands, with a perfect lunch anchorage en route. If you have arrived into Lipari we will head back there. Milazzo was founded in 716BC and as an old city it has plenty of charm with plenty of history to explore.

Day Seven: After breakfast guests will have time explore Milazzo before leaving for Catania Airport, the closest airport on Sicily 150KM away.

Please note that all anchoring locations & itineraries are subject to change due to weather and wind conditions. The Aeolian Islands are unique in that many of the anchorages are untenable in anything other than calm conditions please note that we will discuss any changes to your itinerary before you embark. Extended itineraries are available and specific location requests can be fulfilled if at all possible.